

Wisconsin Alliance for Infant Mental Health

# ANNUAL REPORT 2023

**Mission:**

WI-AIMH strives to promote infant mental health through building awareness, promoting professional capacity, fostering partnerships and supporting policies which are in the best interest of infants, young children and their families.

**Vision:**

We aim for all Wisconsin infants and young children to reach their fullest potential through nurturing and consistent relationships within the context of family, community, and culture.



## From Lana Shklyar Nenide, Executive Director



The year 2023 was extraordinary for WI-AIMH. It was a year of significant organizational expansion in service of better support for the multi-disciplinary infant, early childhood, and family field. We continued to offer our key programs, such as the Pyramid Model, Infant Mental Health Endorsement, and Reflective Supervision Learning Collaborative. After years of building awareness, researching, and advocating, we were finally able to start building a system for infant and early childhood mental health consultation - Healthy Minds Healthy Children.

We are looking into 2024 with hope and optimism. We look forward to many opportunities to serve, interact, support, and learn from you.

## Reflective Supervision Learning Collaborative

WI-AIMH continued to offer the 12-month Reflective Supervision Learning Collaborative (RSLC) in 2023. Our 5th RSLC cohort, composed of 15 infant/early childhood professionals, completed the program in June and a new cohort composed of 20 infant/early childhood professionals began in August 2023. **The RSLC continues to demonstrate strong outcomes!**

Below are some responses from our 5th RSLC cohort:

- 82% strongly agreed; and 18% agreed that the RSLC adequately prepared them to provide RSC within their agency or program
- **100% of survey takers would recommend the RSLC to other IMH professionals**

### *What is something you learned?*

*"So many things about myself and slowing down to be present"*  
*"Dysregulation is sometimes quiet"*  
*"There is flexibility in how Reflective Supervision can be done"*  
*"Reflection is a work in progress"*

## *A Look Back at Our Highlights + Accomplishments*



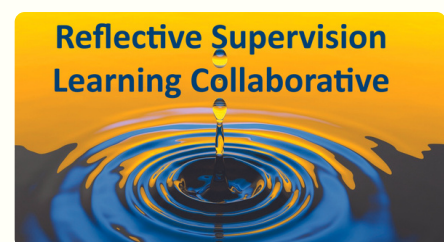
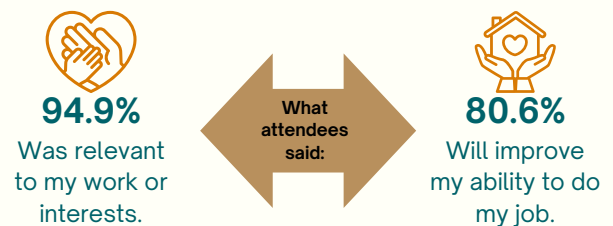
Staff Reflections on 2023 Accomplishments

## Wisconsin Infant & Early Childhood Mental Health Conference

The virtual conference was a monumental success! **Over 500 professionals from across Wisconsin and beyond** attended the event. The keynote, Dr. Tina Payne Bryson, offered insights, **"very applicable" resources and strategies** to use in work with infants, young children and families.



Dr. Tina Payne Bryson

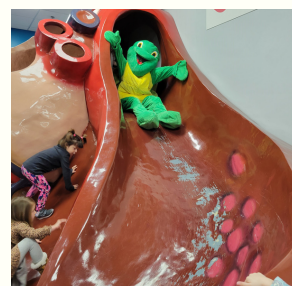
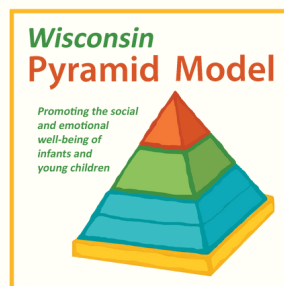




# 2023 Program Highlights

## WI Pyramid Model

Our Pyramid Model team expanded to match our vision of Regional Leads in each area of the state and embrace a co-Director structure. This rich infrastructure resulted in Wisconsin **achieving 82%** of the 49 indicators in place on the Pyramid Model State Leadership Team Benchmarks of Quality. Wisconsin welcomed nine new sites working toward program wide implementation, totaling a number of 66 program sites, of the Pyramid Model framework. **WI-AIMH staff provided 16 Pyramid Model practitioner, coach and team trainings for more than 235 participants.**



## Healthy Minds Healthy Children

It was a fast and incredible year for the Healthy Minds Healthy Children (HMHC) Consultation Program! In its first year, HMHC onboarded eight Infant and Early Childhood Mental Health Consultants (IECMHC) and two Consultant Mentors; **provided over 350 hours** of professional development trainings to the mental health and early care and education (ECE) workforce; and **facilitated 25 Community Level Consultation events that reached over 970 people in Wisconsin.** The team is currently serving 14 sites (and counting) in Milwaukee and the Southeastern Region, while looking to expand to the Northern and Southern Regions. Programs receiving consultation have shared positive feedback and appreciation that HMHC offers a variety of consultation activities to help providers and families.



## Infant Mental Health Endorsement®

With more than 150 professionals Endorsed, we continued to see more Wisconsin professionals earn Infant Mental Health-Endorsement® for Culturally Sensitive, Relationship-Focused Practice Promoting Infant Mental Health. In August **we eliminated the application registration and processing fees to support increased access to Endorsement for all professionals.** We also secured Endorsement Coordination through the Alliance for the Advancement of Infant Mental Health, to **ensure professionals have timely and responsive application support and technical assistance.** Finally, we started building infrastructure for the Early Childhood Endorsement! Four infant/early childhood Wisconsin professionals earned Early Endorsement, and are prepared to support others in the process by serving as Endorsement application reviewers.



# Contributors

## WI-AIMH Gold-Level Donors (\$500+)

Ellen Salwen  
Russel and Katherine Wortley  
Love you, Kid Foundation

## Contributing Partners

Supporting Families Together Association  
Greater Watertown Community Health Foundation  
Shine Early Learning

## Conference Sponsors

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*With deep gratitude to*

*ALL*

*of our individual donors...*

*We appreciate your support!*



**Team**  
**WI-AIMH**



# 2023 Financials

## 2023 Income

### \$ in Thousands

Government Grants	\$	3,350	70%
Direct Public Support	\$	1,104	23%
Program Services	\$	250	5%
Investment Income	\$	76	2%
<b>Total</b>	<b>\$</b>	<b>4,780</b>	<b>100%</b>

## 2023 Expenses

### \$ in Thousands

Program Services	\$	3,319	93%
Management & General	\$	239	6%
Fundraising	\$	3	1%
<b>Total</b>	<b>\$</b>	<b>3,561</b>	<b>100%</b>

## Major Funders



Wisconsin Department of  
Children and Families



**Roots & Wings**  
FOUNDATION

## WI-AIMH is an affiliate of the:



WORLD ASSOCIATION FOR  
INFANT MENTAL HEALTH



Alliance for the Advancement of  
Infant Mental Health



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