

PBC COACH TRAINING SHARED GOALS AND ACTION PLANNING

Examine the Goal

When reviewing goals, use the items listed below to help you determine if the goal is written well.
☐ Does it target a specific practice?
☐ Will we be able to observe it?
☐ Is it achievable in the time frame set?
☐ Does the coachee know exactly what to do?
☐ Does the goal let the coachee know when to use this practice?