

VIRTUAL SPRING SUMMIT

*Cultivating
Intraconnectedness*



**KEYNOTE:
DR. DAN SIEGEL**

Register!

**Tuesday, April 30
10:00 AM - 4:00 PM**

tinyurl.com/WIAIMHspringsummit

**\$40 WI-AIMH Members
\$60 Non-Members**



IMH
WISCONSIN ALLIANCE FOR
INFANT MENTAL HEALTH
— Early Relationships Matter —

***A recording of this event will be available to all registrants for 30 days.**

Cultivating IntraConnectedness: Nurturing Mental Health in Early Childhood Professionals and Caregivers

In this keynote presentation, participants will embark on a transformative journey exploring the concept of "IntraConnectedness" in the realm of infant mental health. We will delve into the profound connection between the mental well-being of caregivers and professionals and the development of young children.

Drawing from work in the field of interpersonal neurobiology, Dr. Siegel will offer practical insights and strategies for integrating lived experiences and professional development. Attendees will learn how to foster resilience, self-care, and relational attunement within their practices, creating nurturing environments that support both caregivers and children on their developmental journey.

This presentation offers conceptual foundations as well as practical applications, providing tangible tools and guidance for enhancing the quality of care provided to young children and their families. Join us for an enriching exploration that promises to deepen understanding, connection, and fulfillment in professional practice.

AGENDA:

10:00 AM
Early Childhood Mental Health
Endorsement Launch

12:00 PM
Break

1:00 PM
Keynote by Dan Siegel

2:30 PM
Small Group Discussions

OBJECTIVES:

1. Define "IntraConnectedness" in infant mental health and its impact on caregivers and children.
2. Integrate personal experiences with professional development for resilience and self-care.
3. Implement relational attunement practices to nurture child development.
4. Utilize self-awareness and reflection for caregiver mental health.
5. Apply evidence-based tools to enhance caregiving quality for positive developmental outcomes.